Dear Parents/Carers,

Spring is here and the days are getting warmer. The sun makes you feel alive after the winter hibernation! I hope you had a chance to enjoy the beautiful weather over the past few days. Everyone certainly enjoyed the sun at the Infants sports day last Friday. It was a glorious day of fun, great sportsmanship and proud parents. Well done to all involved.

More chances to join in!
Join us this week for two great opportunities to share fun and learning together. Firstly, get your dancing shoes on as the Student Representative Council host a disco on Wednesday evening. I look forward to sharing some moves! On Thursday evening, we have joined forces with the Australian National University to host a music education program for families. This will be an enjoyable hour of music and learning to share between kids, families and teachers (a separate note has been sent home today). I hope you can support our school and ensure that opportunities like this can become regular events.

Sad news
Mrs Alison Burden, a great friend and supporter of Bathurst West sadly passed away recently. Our love and condolences go out to her former work mates, friends and family. Mrs Burden will be sorely missed.

Another term disappears
Believe it or not, Term 3 is almost done. I would like to personally send out a huge thank you to all of our hard working team, our beautiful kids and to all of our wonderful community for a fantastic term. I think West has the best bunch of children and carers anywhere and we love how much you all engage with our school. We see your support every day, but especially at events like the Father’s Day breakfast, sports carnivals, Book Week parade, Sky Stories evening and school concert. There are too many to list! It’s a lovely chance to reflect on all the positives from the term just gone, and very much look forward to the next exciting one.

Have a lovely time during the break. Make sure you keep safe and I hope you have the chance to spend time with your family. See you in Term 4.

Darren Denmead
Relieved Principal
School Awards

Congratulations to -
Makayla, Storm, Benjamin, Artin, Archie, Antonia, Archer, Callie, Evie, Olivia, Zoe, Brianna, Katy, Elliott, Montana, Kaitlee, Hayden, Michaela, Katy, Leala, Tamahara, Kiera, Jaxon, Poppy, Lily, Allan, Gino

Principal’s Awards

Congratulations to -
Makayla, Evie, Zoe, Brianna, Montana, Elliott, Katy, Kiera, Tamahara, Leala, Jaxon

Canteen News

Roster

Mon 05/10       Public Holiday
Tues 06/10       J.Baillie, C.Jones
Wed 07/10       J.Baillie, L.Wood
Thurs 08/10     J.Baillie, L.Kitto
Fri 09/10       T. Roels, L.Howarth

Swimming K-4 Advance Notice

In Term 4 K-4 children are invited to be involved in a learn-to-swim/water safety program at Bathurst Aquatic Centre. The program runs for 8 days in early November. The cost for the 8 lessons, including pool entry and bus fare, will be $85. Full payment and notes will need to be returned by the 16th October (Week 2, Term 4) for your child/children to be enrolled.

SCHOOL DISCO!!!

The SRC will be holding an Infants and Primary school disco!
On the 16th of September (Wednesday week 10)
Infants Disco 4:45-5:45pm
Primary Disco 6:00-7:30pm
Entry is $3
Refreshments and snacks provided
Parents must drop off and collect children from the hall.

WARNING: There will be flashing lights in the hall!

Michaela
SRC Publicity Representative

Congratulations to David and Sophie...our first two badge recipients

The simplest way

...to make pizza, healthy!

Healthy pizzas are easier to make than you think...

What you need
- multigrain English muffins/or pizza bases
- tomato paste
- diced veges, i.e.; diced mushroom, diced tomato, diced capsicum, pineapple pieces, grated carrot, olives
- reduced-fat grated cheese

Method
- spread tomato paste on muffin
- place vegies on top and sprinkle with cheese
- bake in oven/under grill until cheese melts and is golden...watch your kids enjoy eating vegies!

For more information visit www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit
Bathurst West Public School
Outstanding Attendance
2015 Term Three

Mia
Jarrah
Artin
Adan
Cooper
Asta
Riley
Roman
Daniel
Joel
Fleur
Morrison
Khan
Savannah
Tiame
Owen
Blake
Alize
Garrett
Hunter
Logan
Zac
Mikaila

Dominic
Logan
Shannon
Patrick
Isam
William
Wraith
Kai
Jonathon
Tara
Lorin
Mason
David
Nashita
Cassidy-Rae
Yasmin
Madison
Shobhit
Sarah
Emily
Dominic
Dillon
Ronan
Shangse
Scott
Seth
Jai
Jaydz
Piper
Ian
Montana
Chloe
Jack
Braydon
Chloe
Brodie
Callie
Isaac
Molly
Jamayne
Sophie
Mitchell
School Holiday Fun -
Bathurst AFL Holiday Program
Date: Tuesday September 29
Time: 9.00am - 2.30pm
Venue: George Park, Bathurst
Cost: $20
Morning tea and lunch included
Come down for a day full of fun, interactive AFL activities and novelty events!
You will also receive an Auskick pack with a footy, shoelaces and activity book!
Visit aflauskick.com.au and search for “AFL Giants Holiday Camp (Bathurst)” to register, or sign up on the day.
Contact Matt Johnson for more details:
Phone 0407 268 643 or
Matthew.Johnson@aflnswact.com.au

What a great way to celebrate Fathers Day

The simplest way
...to make a healthy Red Bean dip.

Ingredients
- 1 can of Kidney Beans
- ½ cup reduced-fat natural yoghurt
- 1 tablespoon olive oil
- Pinch salt and pepper
- 1 teaspoon cumin
- 1 tablespoon diced spring onions (optional)
- ½ cup diced avocado (optional)
- Vegie sticks to serve

Method
Rinse and drain kidney beans. Place beans, along with yoghurt, olive oil, salt, pepper and cumin into a food processor and blitz until smooth. Spoon into a bowl, and top with spring onions and avocado, if desired. Serve with vegie sticks...delish!

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit
**School Holiday Fun**

**BE THE FIRST TO RIDE BATHURST’S NEW VELODROME**

24TH SEPTEMBER 9AM-1PM

Bathurst Cycling Club will once again be holding its annual Come & Try Day at the Clubs new home on College Road (Tip Road).

The aim of the day is to begin developing young riders into skilled bike handlers. The fun based exercises will improve children’s skills and give them a taste of what it’s like to ride with confidence. We will also be developing any budding young racers with ambitions of becoming a pro.

The Come & Try Days are open to all school aged children, primary and secondary, who can ride unassisted.

Bring your bike (in working order ready to ride), some snacks, water, gloves and an Australia approved bicycle helmet (look for the sticker inside). Sign up from 8:30am.

Book your place now!

Cost is $20 which supports the Bathurst Cycling Club Juniors.

Contact: bathurst.junior.cycling@gmail.com
Or call: 0427 011 802

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**Spring Holiday Tennis Clinic**

3 days
1st week of hols

Date: Mon 21st – Wed 23rd Sep 2015

Time: 9.00am – 12.30pm

No tennis experience necessary
AGES 5-15 YRS
BOOKINGS ESSENTIAL!
For bookings or more information please call the
Bathurst Tennis Centre
63313786 / 0419499467

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**Bathurst and District Junior Touch Football Competition**

We are looking for Boy, Girl or Mixed Junior touch football teams. Divisions include Under 10’s, Under 12’s, and Under 14’s. Under 16’s play as a junior team in the senior competition.

**Venue:** To be held at Learmonth Park from 4.30 pm each Monday for 30 minute games.

**Starts:** 27 October 2015. **Finishes:** 29 February 2016 (with a break over Christmas).

**Nominations period** – Opens 14 September to 19 October 2015 – Team registrations can be completed online at: bathurst-touch-football.asn.au

**Cost:** $260 per team. Please note there is minimum of six players (usually ten player sides). For under 16 teams playing in the Senior Competition nomination fees are $570.00 per team.

**Coach:** Each team requires a Coach/Manager who can also referee. The cost of the referee course is free. Those persons wishing to do the referee course should contact David Weekes (0439321568).

**Age:** Age divisions are based on players turning that age during 2015. For example, if you turn 12 in 2015 you can play in the Under 12’s division.

**More Information:** contact Gerard Lang – Competition Coordinator on 0427 223 410.

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**School Terms and Vacations 2015**

Term 3 - Mon 13th July to Fri 18th Sept

Term 4 - Tues 6th October to Fri 18th Dec
Mr Williams

This biography was written after interviewing Mr Williams. I believe he had consumed copious amounts of coffee and was a little delirious.

Mr Williams is apparently 114 years old as he said he was born in 1901. He loves Scuba Diving and can make an elephant noise out of his mouth. Once he grew into an adult he moved a lot until he decided that Bathurst was a good place to set down roots. Mrs Muldoon says he still hasn’t grown up. He has 5 brothers and 2 sisters.

His favourite colour is blue and he loves to eat lasagne. At Forest Hill and other schools he attended, the subject he liked the most was Maths. Classical music is Mr Williams favourite music to listen to in the world. Hint to Waratah 1, buy him a disc of this music for Christmas! He has enjoyed reading the Lord of The Rings series.

An interesting fact about him is that he is losing his long locks of hair and is not doing anything about it. He has been reported saying that this cuts down on the time he spends in the bathroom styling it. His pets over his extensive lifetime have included 4 dogs, 6 guinea pigs, a few blue tongue-lizards, lots of types of birds, a legless lizard, chooks, turtles, a wallaby and a gold fish.

So that’s the life and times of the great Mr Williams. I hope this brings you more insight into the kind of person he is.

BY DAVID

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CWOOSH

Vacation Care Program

September/October 2015

Two Locations:

Bathurst West PS

Or

Kelso Communal Hall (Kelso PS)

Contact: Tanya

Mobile: 0411 521 460

E: admin@cwoosh.com