Principal’s Report

Dear Parents,

As always, at the end of Term 2, we will provide a written Semester 1 report for your children. As the previous English syllabus has now been replaced by the new K-10 English syllabus, there will be a slight change in how we report in English within your child’s written report. No longer will we be grading students in English across the three ‘strands’ (Reading, Writing and Talking and Listening). We will now be giving an overall English grade and ensuring written teacher comments reflect all aspects of the new K-10 English syllabus.

I intend to provide further information regarding this change to you before our reports are distributed.

Congratulations to our Stage One children who participated in the Show Excursion on Friday. It was a fantastic day and special thanks to Gemma McKay for the wonderful organisation. It is very pleasing to see children learning about their local environment.

Next week our Year 3 and 5 students will be participating in the NAPLAN testing program. It is important that children do the tests, however it is also vitally important that children are not stressed by the experience. NAPLAN was designed as a snapshot look at student learning achievement. It is not a test that should be used to compare student results.

The best way to support your child is to ensure they have eaten well, had a good sleep, wish them well and tell them to enjoy the challenge. Have a great week!

Stan Kowalski
Principal
Student Notes Sent Home This Week

- Mother's Day Stall
- Canteen Pancake Afternoon Tea
- Boys Rugby League
- Kinder Newsletter

Canteen News

Roster

<table>
<thead>
<tr>
<th>Day</th>
<th>Person(s)</th>
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<tbody>
<tr>
<td>Monday</td>
<td>T. Roels</td>
</tr>
<tr>
<td>Tuesday</td>
<td>J. Baillie</td>
</tr>
<tr>
<td>Wednesday</td>
<td>J. Baillie, L. Wood</td>
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<tr>
<td>Thursday</td>
<td>J. Baillie, S. Maxwell, S. Wicks</td>
</tr>
<tr>
<td>Friday</td>
<td>T. Roels, K. Riley</td>
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CANTEEN PANCAKE AFTERNOON TEAS. Notes will go out this week about this great afternoon tea treat. Please keep an eye out for them and get your child's orders in now. Primary children will have their pancake afternoon tea on Tuesday 20.5.14 and Infant children will have their pancake afternoon tea on Wednesday 21.5.14.

The canteen is up and running with a great variety of hot food to warm up your child's tummy. Just place your child's order in the morning before 9.15. We will also be selling hot food for afternoon tea when it is really cold. Hope to see your child's face at the canteen.

Year 7 2015 Information Evening

Year 6 parents/carers and students are invited to attend information evenings on **Tuesday 6th May at 7pm**. Sessions will take place at Bathurst High Campus and Kelso High Campus with information regarding Year 7 curriculum, school activities and procedures for the transition to high school. Campus tours will be available as well as the opportunity to meet current staff and students.

Clothing Pool

The clothing pool is open every morning from 9.00 to 9.30

Central West OOSH Services

provides Before and After School Care for children aged 5-12 years. We provide a variety of activities and experiences and breakfast and afternoon tea is available. CWOOSH is located in the School Hall. Bookings are essential as places are limited. Please call Tanya on 0411 521 460 or email admin@cwoosh.com for further information.

Mother’s Day Stall

**Thursday 8th May**

The P&C are providing a range of beautiful small gifts that all children can purchase during school time for their Mothers, Grandmothers or any other special person in their life. Items will be priced from 50c to $5. Bring a plastic bag to carry your items home in.
Lithgow Nanna’s Touch ASD Support
Invites you to attend our Coffee/Chat Get-Together
-on 13th May at 10am to 12pm
-held at Lithgow Library

Welcoming Guest Speaker
To give a talk on -- Self Care Strategies -- for Parents of children with Additional Needs
followed by Q + A session
Dr Tracy Rhodes

Dr Rhodes focus is in the area of -
Complex Childhood presentation and Autism
Qualifications -clinical doctorate (child/family focus); + PhD (childhood anxiety +conduct problems)
-with research on developing family based treatment for Children with emotional, behavioural and developmental difficulties.

For more information call Sue – 0409765601.
Don’t miss out – entry Gold Coin donation, with refreshments.

Is your child’s backpack damaging their spine?
A recent Australian study has shown that approximately 25% of school-aged children suffer from back and/or neck pain at any one time. It’s believed to be due to a combination of factors such as poor posture, everyday load carrying and the use of computers.
The Children’s Hospital at Westmead suggests young people should:
- not carry more than 10% of their body weight
- use a backpack with the straps over both shoulders and a waist strap
- load gear so that the heavier objects are nearer to the spine, with the lighter objects towards the front of the pack
- lift a backpack properly- bend at the knees and lift the pack with both hands

More tips at http://bit.ly/1iB4OBo

Printable planners for homework and study
School A to Z has printable monthly planners which include school holidays and the numbered weeks of each Term (for example Monday 19 May is the start of Week 4, in Term 2). Print one for each child to stick on the fridge or on their noticeboards. It’s a great way to teach them how scheduling their time means they’ll to fit in the fun activities as well as their other commitments and responsibilities. Download May 2014 at http://bit.ly/UbmOz8
Kids, social media and privacy
Regardless of your child’s age, the world may already know a lot more about them than you sus-
pect.
According to recent research:
• 92% of children under the age of 2 have a digital shadow (- it starts with proud parents posting
newborn baby photos on Facebook or Instagram)
• a quarter of Australian children 8 - 12 years old use Facebook, but the minimum age for a user
is 13 years.
• more than 20 per cent of tweens publish photos of themselves on Instagram
young people 14 - 19 have an average of 453 fans, friends or followers on social media.

2014 Privacy Awareness Week, 4 - 10 May 2014, is a good time to review your family’s privacy set-
tings and discuss online security. You’ll find lots of practical information and resources to share with
your kids at www.ipc.nsw.gov.au