Dear Parents

Callie, Joshua, Jacob, Ryan, Ben and Max attended the Area Swimming Carnival at Dubbo on Friday 7th March. The children participated with great enthusiasm and often produced their personal best. It was a long hot day in the Dubbo sun; however everyone enjoyed the competition at this high level.

Parent/ Teacher meetings are being held over the following two weeks. If for some reason you are unable to attend please try to make another time to meet with your child’s teacher.

The arborist completed our tree audit over the weekend and we await his report. The immediate observation was that we have a number of trees in decline. We are continuing with the advice to children not to play or congregate beneath trees. The report should be completed within two weeks.

Mrs Low will be on leave from tomorrow until the 23rd of March, she will be replaced by Mr Adams this week and then by Mrs Rigby.

Have a great week

Stan Kowalski
Principal
Head Lice
The Facts:
Head lice infestations are a common occurrence, particularly in primary schools:
- about 23% of primary students have head lice at any one time
- anyone can catch head lice regardless of their age, sex, or how clean their hair is
- head lice move from one person’s head to another via hair
- head lice do not survive long when they are off a human head
- head lice do not live on furniture, hats, bedding or carpet
- head lice have built up some resistance to head lice treatments

Treatment:
- daily combing of white hair conditioner using a fine tooth comb is effective in getting rid of head lice & eggs (nits)
- school communities may need to hold ‘check & treat or Nitbuster days where everyone learns about, and starts treatment, on the same day

Tips for parents in reducing the spread of head lice:
- regularly check your children’s hair
- teach older children to check their own hair
- tie back and braid long hair
- keep a fine tooth head lice comb in the bathroom and encourage all family members to use it when they wash their hair

There is no need for students to be sent home or excluded from school because of head lice.

Canteen News

Roster
Monday 17/3          T.Roels
Tuesday 18/3         J Baillie
Wednesday 19/3       J.Baillie,
Thursday 20/3        J.Baillie, S.Maxwell, S.Wicks
Friday 21/3          T.Roels, K.Riley

ST PATRICKS DAY MEAL DEAL.
TUESDAY 18.3.14. This is the last chance for you to put your child’s order in for our great St Patricks Day Meal Deal. Both meal deals are $5.00 and you have the choice between a chicken nugget deal or a pizza deal (the pizza is from Eagle Boys). If you have misplaced your child’s note there are spare forms at the canteen. This is a very popular day and the children have fun checking out what’s in their bags. NO OTHER HOT FOOD WILL BE AVAILABLE ON THIS DAY ONLY BASIC SANDWICHES. ORDERS WITH MONEY MUST BE TO THE CANTEEN BY THURSDAY 13th MARCH so that I can ensure that we have enough goodies for the orders.

2014 homework planner
The best homework help you can give your child is to teach them to be organised. Print out the 2014 homework and study calendar, which includes key dates and school holidays. Stick them on the fridge and above their desk.

ICAS Testing
Notes and money to be returned to Mrs Rogers (Butler) by 21st March

Bunny Hop - 11th April
2014 - last day of term.

Student Notes Sent Home This Week
- Iexplore Yr 6
- Band

Aboriginal Circle Meeting
10th April, 2014, 2.00pm
Bathurst West Public School

GENERAL INFORMATION
Administration Office Hours - 8.45am - 3.30pm
School commences at 9.15am
School finishes at 3.15pm
Students are supervised from 8.45am

9.15-11.15  Class session 1
11.15-11.45  Play
11.45-1.45  Class session 2 which includes lunch
           Inside at 11.45
1.45-2.15  Afternoon tea and play
2.15-3.15  Class session 3
The two 2hour sessions will be split by “fruit breaks”
Sports Taping courses in Bathurst
Sports taping is an important skill for coaches, trainers, teachers, parents and players involved in sport. Correct sports taping can help prevent injury and also help with injury rehabilitation. Level 1 covers beginner technical and practical advice of taping including wrists, ankles, fingers and thumbs. Level 2 covers advanced techniques for the shoulder, elbow, wrist, Achilles tendon, knee, shin and soft tissue techniques - hamstrings and quadriceps. Participants receive a certificate of attainment upon successful completion of the course. Call Sport and Recreation on 6362 6623 for more info or visit www.dsr.nsw.gov.au
Level 1: 6-9pm 26th March
Level 2: 6-9pm 2nd April $60 each

2014 registrations are still open for all past and future players in most age groups
Our u11’s teams are full
u12’s and u15’s still require players
St Pat’s jrs has ages from u6’s to u16’s
If you’re interested in joining our family focused club please contact Katherine Waldron for more details on 0416 153 401
Or come to the touch footy fields any Tuesday or Thursday 4.30-5.30pm

Maths A to Z
Brush up on some of the maths terms your child uses in the classroom. The Maths A to Z glossary provides straightforward explanations and illustrated examples. Find out more: http://www.schoolatoz.nsw.edu.au/homework-and-study/maths/maths-a-to-z

Homework and multi-tasking
Somewhere along the line we seemed to have absorbed the idea that teenagers can multi-task perfectly because they’re digital natives. Can kids really do their homework and multi-task? Find out more: http://www.schoolatoz.nsw.edu.au/technology/using-technology/homework-and-multitasking-can-it-be-done

Great books for tweens to read
Favourite books from the Premier’s Reading Challenge team that will inspire kids aged between nine and 13 to read read read! Find out more: http://www.schoolatoz.nsw.edu.au/hu/homework-and-study/english/my-book-club/helping-tweens-to-love-reading/ideal-books-for-tweens-to-read

Science assignment starters
Not sure where to go to help your child find out about electricity, natural disasters, the solar system or other science projects? Have a look at our project starters. Find out more: http://www.schoolatoz.nsw.edu.au/homework-and-study/other-subjects-and-projects/science/science-project-starters
CWOOSH School Holiday Program 14-25 April 2014

To ensure your child’s place please phone Tanya on 0411 521 460, or email admin@cwoosh.com

<table>
<thead>
<tr>
<th>Date</th>
<th>Major Activity</th>
<th>Fee</th>
<th>Additional activity fee</th>
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<tbody>
<tr>
<td>14th</td>
<td>Mini Athletics</td>
<td>$46.00</td>
<td>NIL</td>
</tr>
<tr>
<td>15th</td>
<td>Barcoo’s Farm Visit (Perthville)</td>
<td>$46.00</td>
<td>$7.50</td>
</tr>
<tr>
<td>16th</td>
<td>Lawn Bowls in Bathurst</td>
<td>$46.00</td>
<td>$3.00</td>
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<tr>
<td>17th</td>
<td>Movies in Bathurst (a new release)</td>
<td>$46.00</td>
<td>$14.00</td>
</tr>
<tr>
<td>22nd</td>
<td>‘Little chefs’ the children will have a box challenge</td>
<td>$46.00</td>
<td>$2.00</td>
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<tr>
<td>23rd</td>
<td>Bathurst Museum</td>
<td>$46.00</td>
<td>$5.50</td>
</tr>
<tr>
<td>24th</td>
<td>Kids on Wheels: bring in your own bike, roller blades, scooters or skate boards</td>
<td>$46.00</td>
<td>NIL</td>
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Please tick the dates you require Vacation Care for your child to attend:

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I understand that by signing and returning this form my child will be booked in for the days I have indicated. I will then be liable to pay the fees rate that is applicable to those days. The only exception to this is if I give 2 weeks notice of cancellation. I understand that I may request that CWOOSH swap days, but this will only be granted if places are available.

Child Name/s:…………………………………...
Parent Name: …………………………………...
Parent Signature:……………………………….
Contact Number:……………………………….